

National Service Scheme (NSS)



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About the forum:

The motto of N.S.S. 'NOT ME BUT YOU' reflects the essence of democratic living and upholds the need for selfless service. N.S.S. helps the student to develop an appreciation for other people's points of view and also show consideration for other living beings.

- 1. Seminar on "Saving Mother Earth – Your Lifestyle Matters"**
Day & Date: 15th May 2023

Podar: Nurturing Intellect, Creating Personalities

Time & Venue: 12 pm -Online

Number of participants/ attendees: 31 Male, 24 female

Event Description:

The activity was organized by RA Podar College, NSS unit as a part of the G20 Campaign. The seminar on lifestyle for the environment was led by Prof. Dr Parvish Pandya on MS Teams. He is a consultant at Sanctuary Nature Foundation and director of science and conservation. The topic for the seminar was Saving Mother Earth - your lifestyle matters. The seminar talked about carbon footprint, pollution, greenhouse gasses, global warming, and ozone layer depletion. We were also provided with solutions and what we can do to save Mother Earth. We were encouraged to go green and go organic. It was a very informative and practical seminar.

2. Seminar on marine ecosystem

Date: 23rd May 2023

Time: 10 am

Venue: SIES College

Number of participants/ attendees: 1 Male, 1 female

Event Description:

The activity was organized by the SIES college NSS unit as a part of the G20 Campaign. The seminar on Marine ecosystems. The seminar talked about carbon footprint, pollution, greenhouse gases, global warming, and ozone layer depletion. We were also provided with solutions and what we can do to save our mother Earth. We were encouraged to go green and save marine life. It was a very informative and practical seminar.

3. Pulse polio campaign

Date: 27th May 2023

Time: 9 am

Venue: Sion Hospital

Number of participants/ attendees: 3 female

Event Description:

The NSS unit of our college participated in the pulse polio campaign organized by Sion Hospital, volunteers assisted the nurse in providing vaccines to the maximum number of patients in the hospital, daily 30 doses were given to children from 3-5 years

4. Essay writing on ' Why environment conservation is essential

Date: 3rd June 2023

Time: 10 am

Venue: Online

Number of participants/ attendees: 3 Male, 7 female

Event Description:

Along with this seminar, volunteers were asked to write an essay on why environment conservation is essential. The essay writing was inculcated based on bringing environmental consciousness into volunteers

and the value of sympathy and empathy develop in them for the environment so that they realize we have very limited time to save our environment

5. Pledge and Quiz on “Environmental awareness”

Date: 5th June 2023

Time: 10 am

Venue: Online

Number of participants/ attendees: 8 Male, 17 female

Event Description:

A pledge was taken to bring environmental consciousness to Google Meet. Also, a quiz was organized to educate volunteers about the environment

The quiz was conducted on topics related to environmental consciousness, causes and effects of the degradation of the environment, benefits of afforestation, and measures to save the environment for future generations.

6. 7-DAY YOGA WORKSHOP

Date: 14th, 15th, 16th, 17th, 19th, 20th, 21st of June 2023

Time: 7 am

Venue: College auditorium

Number of participants/ attendees: Male: 7, Female: 13

Event Description:

A 7-day yoga training program was organized in collaboration with the certified counselor and Yoga expert DR. R Prasannalaxmi. The training session was conducted daily for 7 days in the college auditorium from 8 am to 9.30 am. Volunteers gained valuable insights into Pranayam, Asanas, Shlokas, Yoga Sutras, and several other yogic practices.

7. INTERNATIONAL YOGA DAY

Date: 21st of June 2023

Time: 7 am

Venue: College auditorium

Number of participants/ attendees: Male: 6, Female: 14

Event Description:

International Yoga Day was organized by NSS, NCC, and the Extension unit.

The theme of Yoga Day 2023 is “Yoga for VasudhaivaKutumbakam” which beautifully captures our shared aspiration for “One Earth, One Family, and One Future.”

The Ministry of AYUSH conducts this day and organizes a variety of activities to celebrate this day. Our prime minister has also addressed yoga in the speech at G20.

The resource person for this session was Dr. PrasannaLaxmi. She didn't only give practical knowledge of yoga but also spiritual knowledge which helps us to connect through our spiritual sense and stability of mind.

8. KARGIL VIJAY DIWAS

Date: 26th July 2023

Time: 10 am

Venue: Online

Number of participants/ attendees: Male: 5, Female: 11

Event Description:

Kargil Vijay Diwas is observed on 26th July Every Year to pay honor and respect to our brave soldiers who sacrificed their lives during the Kargil War. So on the Occasion of Kargil Vijay Diwas, The NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) organized an activity of Writing Letters to the Soldiers of Our Country, to pay tribute to our brave warriors and also serve as a reminder of the Great and diplomatic Victory India achieved during this conflict. Volunteers wrote Heartwarming letters for the Soldiers, Expressing gratitude towards them and thanking them for their Selfless Service to The Nation.

9. Blood Donation Campaign

Date: 10th July, 2023

Time: 10 am

Venue: College Auditorium

Number of participants/ attendees: Male: 6, Female: 12

Event Description:

The NSS Unit and Team Enigma of R. A. Podar College of Commerce and Economics (Autonomous) organized a Blood Donation Campaign in collaboration with Sion Hospital Blood Bank in College Auditorium on 10th July 2023 from 10 am to 2 pm. Volunteers came forward and actively participated in the campaign and motivated large no. of donors to donate blood. They were successful in collecting 51 units of Blood.

10. Guru Poornima

Date: 3rd July, 2023

Time: 11. 30 am

Venue: F2

Number of participants/ attendees: Male: 2, Female: 16

Event Description:

The NSS unit of R. A. Podar College celebrated Guru Pournima with warm wishes and greetings to all our gurus by expressing our immense gratitude towards them. NSS UNIT along with MLC organized a program where different cultural art forms were showcased like singing, dancing, and poetry. We tried to express our wishes through these things which our teachers loved a lot. There was an audience as well to support the artists which added live to the program.

11. Poster Making on the topic “Preventive Measures for Drug Abuse”

Date: 25th June,2023

Time: 10 am

Venue: Online

Number of participants/ attendees: Male: 3, Female: 15

Event Description:

The NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) had organized poster-making on the topic “Awareness against drug abuse and its preventive measures”. Volunteers were supposed to submit hand-made posters on the given theme. Students took part in the activity with great enthusiasm, showcasing their innovative ideas to help spread awareness against Drug Abuse.

12. Pledge on the Topic – “SAY YES TO LIFE, NO TO DRUGS!”

Date: 26TH June, 2023

Time: 10 am

Venue: G4

Number of participants/ attendees: Male: 2, Female: 12

Event description

The NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) conducted the Pledge on the occasion of International Day Against Drug Abuse And Illicit Trafficking.

Volunteers Pledged that they would cooperate in stopping drug abuse and create awareness about the ill effects of Drug Abuse among every person, especially the youth of the country. They Pledged to stay away from drugs and live a Healthy Lifestyle.

13. Rally on “Awareness against Drug Abuse”

Date: 26TH June, 2023

Time: 10 am

Venue: Around the college campus

Number of participants/ attendees: Male: 2, Female: 12

Event description

The NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) conducted a Rally on the occasion of International Day Against Drug Abuse And Illicit Trafficking.

Volunteers actively participated to spread awareness against Drug Abuse and contribute to the well-being of the nation.

14. Blood Donation Campaign

Date: 1st August, 2023

Time: 9 am

Venue: CSMT station

Number of participants/ attendees: Male: 8, Female: 13

Event description

The NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) organized a Blood Donation Campaign in collaboration with Nair Hospital Blood Bank and Mumbai University at CSMT Station on 1st August 2023 from 9 am to 6 pm. Volunteers came forward and actively participated in the

campaign and motivated large no. of donors to donate blood. They were successful in collecting 63 units of Blood

15. RRC Peer Training

Date: 4th August, 2023

Time: 10 am

Venue: MDACS , Wadala

Number of participants/ attendees: Male: 1, Female: 1

Event description

Two volunteers from the NSS Unit of R.A. Podar College of Commerce and Economics attended the RRC Peer Training session at MDACS. This session guided volunteers on conducting various RRC week activities such as poster making, street play short films, etc. It gave volunteers an overall view of the RRC activities.

16. International Peace Day

Date: 5th August, 2023

Time: 10 am

Venue: Online

Number of participants/ attendees: Male: 8, Female:12

Event description

On the occasion of International Peace Day, volunteers made various innovative and creative posters to promote peace and brotherhood. All the posters encouraged people to stand together and unite.

17. Rally on International Peace Day

Date: 5th August, 2023

Time: 5 pm

Venue: August Kranti Maidan

Number of participants/ attendees: Male: 8, Female: 12

Event description

The NSS Unit of R.A. Podar College of Commerce and Economics organized a rally on International Day in the vicinity of the Fort and Churchgate area. All the volunteers embarked on the rally to encourage the idea of peace and fellowship. Volunteers chanted many slogans all the way. Furthermore, volunteers pledged that they would stay in peace, stay united, and spread love.

18. Mahim Beach Cleanup: Jay Foundation

Date: 6th August, 2023

Time: 8 am

Venue: Mahim Beach

Number of participants/ attendees: Male:17, Female: 10

Event description

In collaboration with the Jay Foundation, the NSS Unit of R.A. Podar College of Commerce and Economics went for a beach cleanup at Mahim. There volunteers thoroughly cleaned all types of waste such as wet waste, dry waste plastic waste, etc. We contributed towards cleaner beaches and oceans.

19. Kranti Din Rally

Date: 9th August, 2023

Time: 4 pm

Venue: Fort Road

Number of participants/ attendees: Male:5, Female: 9

Event description

The NSS Unit of R.A. Podar College of Commerce and Economics arranged a rally on 'Non-Violence' at August Kranti Maidan, Churchgate. Kranti Din marks the day to promote non-violence and solving issues through diplomacy. All the volunteers chanted slogans to inspire and motivate people to be peaceful and conciliatory.

20. INDEPENDENCE DAY

Activity 1: Poster Making and Poem Recitation

Date: 12th August, 2023

Time: 10 am

Venue: online

Number of participants/ attendees: Male:3, Female: 7

Event description

As Independence Day was around the corner, volunteers of the NSS unit of R.A. Podar College of Commerce and Economics made posters to develop a feeling of patriotism and love for our country among people. In addition to this, volunteers also recited poems and expressed their patriotic and proud feelings towards their country through words.

Activity 2: Independence Day Quiz

Date: 13th August, 2023

Time: 10 am

Venue: online

Number of participants/ attendees: Male: 42, Female:57

Event description

The volunteers of the NSS Unit of R.A. Podar College of Commerce and Economics participated in an Independence Day Quiz through Google Forms. This quiz enlightened the volunteers about various aspects related to our country such as history, flag, rivers, etc.

Activity 3: Meri Maati Mera Desh Rally

Date: 14th August, 2023

Time: 8 am

Venue: Around College Campus

Number of participants/ attendees: Male: 12, Female: 15

Event description

The NSS Unit of R.A. Podar College of Commerce and Economics departed on a rally of 'Meri Maati Mera Desh' to show respect for their motherland. Volunteers held soil in their hands and walked around the Matunga area to promote the idea of esteem and admiration for their country.

Activity 4: Flag Hoisting, Rally and Pledge

Date: 15th August, 2023

Time: 7 am

Venue: Lata Kunj

Number of participants/ attendees: Male: 12, Female: 15

Event description

On this auspicious occasion of Independence, the NSS Unit of R.A. Podar College of Commerce and Economics gathered in Lata Kunj (College Premise) for the flag hoisting. Volunteers sang the national anthem with sheer pride. There was a rally conducted where volunteers held Tiranga in their hands and chanted 'Jai Hind!' around the Matunga Area. Volunteers also pledged to contribute towards the betterment of the country.

Activity 5: Flashmob

Date: 15th August, 2023

Time: 10 am

Venue: Matunga Station

Number of participants/ attendees: Female: 17

Event description

A flash mob was done at Matunga Railway Station and college by the volunteers of the NSS Unit of R.A. Podar College of Commerce and Economics to inspire people and spread patriotism among people. The dance was done on the song 'Des Rangila' which is a perfect example of love towards one's country.

Activity 6: Selfie with Tiranga

Date: 15 August, 2023

Time: 10 am

Venue: Online

Number of participants/ attendees: Male: 12, Female: 8

Event description

Volunteers clicked a selfie with Tiranga. They expressed their love and patriotism towards their country. This activity also showed that they stand in solidarity and unity with each other.

21. Tree Plantation with Hikers Club

Date: 15th August, 2023

Time: 8 am

Venue: Yogi Hills

Number of participants/ attendees: Male: 14, Female: 6

Event description

In collaboration with the Podar Hikers Club, the NSS Unit of R.A. Podar College of Commerce and Economics organized a Tree Plantation at Yogi Hills, Mulund. Volunteers assembled at the plantation site and planted around 60 trees. This plantation was done to spread the message of planting more trees and increasing the green cover on earth. A small step towards a greener and cleaner earth.

22. Barhanpur Visit

Date: 19th August, 2023

Time: 10 am

Venue: Barhanpur, Palghar

Number of participants/ attendees: Male: 1, Female: 7

Event description

Volunteers from the NSS Unit of R.A Podar College of Commerce and Economics visited Burhanpur, Palghar. There volunteers conducted a survey where they enquired with the villagers about their needs and requirements. With the data gathered from the survey, the unit would then make necessary decisions when visiting the village the next time.

23. Rakhi Stall

Date: 21st to 23rd August, 2023

Time: 10 am

Venue: Outside NSS Room

Number of participants/ attendees: Female: 5

Event description

The NSS Unit of R.A. Podar of the College of Commerce and Economics set up a Rakhi Stall in the college as Raksha Bandhan was just around the corner. The Rakhis were made by specially-abled persons. All the revenue which was generated through the Rakhis was donated to the specially-abled people. This activity promoted the idea of brotherhood while also helping the needy.

24.Chandrayaan 3: Poster Making

Date: 28th August, 2023

Time: 12 pm

Venue: Online

Number of participants/ attendees: Male: 2, Female: 7

Event description

To celebrate the successful soft landing of Chandrayaan 3 on the South Pole of the moon, the NSS Unit of R.A. Podar College of Commerce and Economics organized a Poster-making activity. Volunteers made innovative and creative posters to express their appreciation and proud fullness towards their country.

25. Rakhi with Khaki

Date: 31st August, 2023

Time: 10 am

Venue: Matunga Police Station

Number of participants/ attendees:Female: 13

Event description

On the occasion of Raksha Bandhan, the NSS Unit of R.A. Podar College of Commerce and Economics organized a Rakhi Tying activity at Sion Police Station. Volunteers tied Rakhi to the police officers at the station to promote the idea of brotherhood and a strong relationship between a brother and a sister.

26. Volunteering for the FY session

Date: 5th & 8th September, 2023

Time: 8 am

Venue: Auditorium

Number of participants/ attendees: Male: 4, Female: 4

Event description

Volunteers were called to ensure discipline and make sure students followed conduct during their introduction session for the upcoming year and the various fests that will be conducted throughout the year along with all the requirements to pass the year.

27. Teacher's day

Date: 5th September, 2023

Time: 11 am

Venue: College

Number of participants/ attendees: Male: 1, Female: 2

Event description

Volunteers were asked to make cards for teachers and these were distributed to various teachers along with chocolates and wishes for the day. Students prepared cards calling their teacher heroes and inspirations.

28. Literacy day

Date: 8th September 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 2, Female: 6

Event description

Volunteers of R.A. Podar College of Commerce and Economics (autonomous) were asked to create posters to raise awareness about literacy and its benefits

29. Red ribbon Marathon

Date: 10th September, 2023

Time: 8 am

Venue: MDACS , Wadala

Number of participants/ attendees: Male: 4, Female: 1

Event description

Volunteers of different NSS units gathered for a red ribbon marathon to raise awareness for HIV/AIDS where they ran 3 Km with the slogan “Run to end AIDS”

30. Choomachar seminar

Date: 12th September, 2023

Time: 11.30 am

Venue: S6

Number of participants/ attendees: Male: 10, Female: 13

Event description

Volunteers attended the briefing seminar for the Choomachar campaign to raise awareness for disease eradication of diseases caused by mosquitoes and how to ensure that no mosquitos could breed in the home environment. Volunteers were asked to go home to home and spread awareness.

31. NSS orientation

Date: 15th September, 2023

Time: 11 am

Venue: S6

Number of participants/ attendees: Male: 23, Female: 34

Event description

The new volunteers of the NSS unit of R.A. Podar College of Commerce and Economics (autonomous) were given an introduction to how NSS will function, what are the requirements to complete the first year of NSS, and what will be the benefits. Introduction to the core and teachers in charge.

32. Mithi River Beach cleanup

Date: 16th September, 2023

Time: 8 am

Venue: Mahim Beach

Number of participants/ attendees: Male: 8, Female: 7

Event description

Volunteers were called to clean up the Mithi River beach at Mahim where they cleaned up various plastics and made the surrounding area better for use.

33. Ganpati crowd management

Date: 20th , 23rd , 25th and 28th September 2023

Time: 5 pm

Venue: Dadar Station

Number of participants/ attendees: Male: 5, Female: 2

Event description

Volunteers were called to manage crowds and direct traffic during heavy Ganpati celebration traffic along with the local police. The volunteers worked at Dadar beach ensuring smooth flow of traffic and de-escalating situations if required.

34. Girgaon Chowpatty beach cleanup

Date: 29th September, 2023

Time: 8 am

Venue: Girgaon Chowpatty

Number of participants/ attendees: Male: 9, Female: 6

Event description

Volunteers of R.A. Podar College of Commerce and Economics (autonomous) went to Girgaon Beach to clean up after the Ganpati Visarjan festivities. The volunteers also removed idols from the sea and excess plastic that had fallen.

35. De-addiction rally

Date: 30th September, 2023

Time: 4 pm

Venue: Gateway of India

Number of participants/ attendees: Male: 7, Female: 13

Event Description

Volunteers went to the gateway of India to form a rally to raise awareness for addiction to various things like drugs and alcohol.

36. Self-development cell session

Date: 30th September, 2023

Time: 12 am

Venue: F2

Number of participants/ attendees: Male: 3, Female: 6

Event Description

A self-development session was conducted to help improve the mental health and exam pressure on the students which was followed by college ID distribution, volunteers were asked to ensure that students maintained discipline and decorum during the session.

37. SIP collection

Date: 30th September, 2023

Time: 12 am

Venue: G4

Number of participants/ attendees: Male: 4, Female: 5

Event Description

Volunteers were appointed to ensure decorum and that students of the Second Year B-Com course submitted their SIPs and that they followed the prescribed format.

38. Swacchata Abhiyan

Date: 1st October, 2023

Time: 9 am

Venue: 5 Garden

Number of participants/ attendees: Male: 5, Female: 6

Event Description

NSS Unit of R .A.Podar College of Commerce and Economics conducted Swacchata Abhiyan on the 1st of October. In this Abhiyan, NSS volunteers conducted a clean-up session at 5 Garden and created awareness regarding Swachata.

39. Gandhi Jayanti Celebration

Date: 4th October, 2023

Time: 11 am

Venue: Bhartiya Vidya Bhavan

Number of participants/ attendees: Male: 8, Female: 12

Event Description

NSS Unit of R .A.Podar College of Commerce and Economics conducted the Gandhi Jayanti Celebration on the 4th of October. We participated in a seminar at Bharatiya Vidya Bhavan, Chowpatty, Mumbai regarding Gandhi Jayanti and International Non-Violence Day.

40. Street Play Workshop

Date: 9th October, 2023

Time: 11 am

Venue: Ruia College

Number of participants/ attendees: Male: 6, Female: 9

Event Description

NSS Unit of R . A. Podar College of Commerce and Economics participated in the Street Play Workshop organized by Ruia College. The session was taken by a well-known artist and volunteers gained a lot of tips regarding street play performance.

41. Volunteering at college

Date: 14th October, 2023

Time: 8 am

Venue: College

Number of participants/ attendees: Male: 9, Female: 8

Event Description

NSS Unit of R . A. Podar College of Commerce and Economics volunteers volunteered for a parent session conducted by the college.

42. Volunteering at NGO (Vikhroli)

Date: 16th to 19th October, 2023

Time: 9 am

Venue: Vikhroli

Number of participants/ attendees: Male: 7, Female: 9

Event Description

NSS Unit of R . A. Podar College of Commerce and Economics conducted data entry work at Vikhroli NGO. Volunteers were sent there for data entry work.

43. Online UTTUNG Meet

Date: 22nd October, 2023

Time: 7 pm

Venue: online

Number of participants/ attendees: Male: 14, Female:21

Event Description

NSS Unit of R . A. Podar College of Commerce and Economics conducted an online meet for the UTTUNG fest wherein a gist about the fest and other things were explained to volunteers.

44. Meri Maati Mera Desh campaign

Date: 23rd October, 2023

Time: 10 am

Venue: online

Number of participants/ attendees: Male: 12, Female: 9

Event Description

NSS Unit of R .A.Podar College of Commerce and Economics conducted this activity wherein volunteers had to click a pic with sand filled in their hands.

45. Inauguration of Drug-Free Mumbai

Date: 25th October, 2023

Time: 11 am

Venue: Vidya Bhavan

Number of participants/ attendees: Male: 6, Female: 9

Event Description

NSS Unit of R .A.Podar College of Commerce & Economics participated in a seminar on the topic of drug-free Mumbai conducted by the University of Mumbai and created awareness regarding drug Harm.

46. Volunteering at NGO (Vikhroli)

Date: 26th to 30th October, 2023

Time: 9 am

Venue: Vikhroli

Number of participants/ attendees: Male: 4, Female: 2

Event Description

NSS Unit of R . A. Podar College of Commerce and Economics conducted data entry work at Vikhroli NGO. Volunteers were sent there for data entry work.

47. Beach Clean -up _ Jay foundation

Date: 29th October, 2023

Time: 8 am

Venue: Dadar Beach

Number of participants/ attendees: Male: 8, Female: 13

Event Description

NSS Unit of R . A. Podar College of Commerce and Economics conducted a Beach Clean Up activity in collaboration with the Hay Foundation and created awareness regarding cleanliness among people.

48. Diya Painting

Date: 23rd to 30th October, 2023

Time: 12 pm

Venue: Tower Room

Number of participants/ attendees: Male: 2, Female: 9

Event Description

NSS Unit of R . A. Podar College of Commerce and Economics conducted a Diya Painting activity wherein volunteers had to decorate diya with their hands and donate it in Burhanpur village.

49. Diya Stall

Date: 1st & 2nd November, 2023

Time: 10.30 am

Venue: Outside Auditorium

Number of participants/ attendees: Male: 2, Female: 5

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics put up Diya Stalls at the college campus where handmade diyas were sold to the college students and then its revenue was donated for the benefit of villagers of Burhanpur.

50. Vigilance Awareness Week

Date: 3rd November, 2023

Time: 10 am

Venue: Online

Number of participants/ attendees: Male: 9, Female: 16

Event Description

R.A.Podar College of Commerce and Economics observed Vigilance Awareness Week on the theme " Say no to Corruption; commit to the nation!". We conducted Poster Making activity on the topic - Preventive Activities and Other Anti-Corruption Measures.

51. Pledge Against Corruption

Date: 4th November, 2023

Time: 11 am

Venue: College

Number of participants/ attendees: Male: 15, Female: 22

Event Description

NSS Volunteers of the NSS Unit of R.A.Podar College of Commerce and Economics collectively took a pledge against corruption during the activities of vigilance awareness week.

52. ABC Portal Registration Volunteering

Date: 7th November, 2023

Time: 11 am

Venue: Outside NSS Room

Number of participants/ attendees: Male: 2, Female: 3

Event Description

NSS Unit of R.A.Podar College set up a help desk to assist the degree college students with seamless registration on the ABC Portal.

53. Diya Donation

Date: 8th November, 2023

Time: 10 am

Venue: Barhanpur, Palghar

Number of participants/ attendees: Male: 4, Female: 8

Event Description

Volunteers of the NSS Unit of R.A.Podar College of Commerce and Economics went to the Burhanpur Village to distribute the handmade diyas to the villagers of Burhanpur and wish them Happy Diwali.

54. Data Entry work in College

Date: 10th & 11th November, 2023

Time: 9 am

Venue: College

Number of participants/ attendees: Male: 4, Female: 6

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics assisted the management office of R.A.Podar College in the data entry work.

55. Essay writing

Date: 13th November, 2023

Time: 10

Venue: Online

Number of participants/ attendees: Male: 7, Female: 12

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics conducted an Essay writing activity on the topic - 'Kindness to Strangers', to encourage people to perform intentional acts of kindness.

56. National Epilepsy Day

Date: 22nd November, 2023

Time: 10 am

Venue: College

Number of participants/ attendees: Male: 9, Female: 6

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics organized an Essay writing activity on the topic - 'awareness about epilepsy ' on the occasion of National Epilepsy Day.

57. Rangoli / Poster Making

Date: 22nd November, 2023

Time: 11 am

Venue: online

Number of participants/ attendees: Male: 7, Female:11

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics organized a Rangoli/Poster Making activity on the topic - 'awareness about epilepsy ' on the occasion of National Epilepsy Day.

58. Tattoo Making

Date: 22nd November, 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 5, Female: 8

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics organized a tattoo-making activity on the topic - 'awareness about epilepsy ' on the occasion of National Epilepsy Day.

59. Flag Day

Date: 24th November, 2023

Time: 9 am

Venue: College

Number of participants/ attendees: Male: 15, Female:17

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics celebrated Flag Day by distributing Flags conveying the message of harmony.

60. NSS Unit Meet

Date: 25th November, 2023

Time: 11 am

Venue: G4

Number of participants/ attendees: Male:14, Female:27

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics conducted the NSS Unit Meet to discuss the upcoming NSS Annual Socio-cultural fest UTTUNG & distribution of NSS T-shirts and NSS Badge.

61. Quiz Competition

Date: 26th November, 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 20, Female:31

Event Description

Volunteers of the NSS Unit of R.A.Podar College of Commerce and Economics participated in a Quiz Competition on the theme of 'Indian Constitution ' on the occasion of Constitution Day.

62. Tribute to the Bravehearts of 26/11

Date: 26th November 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 10, Female: 12

Event Description

On the anniversary of the 26/11 Mumbai terror attacks, the NSS Unit of R.A.Podar College of Commerce and Economics organized activity as a tribute to the Bravehearts in which volunteers were supposed to record a video of 1-2 mins of Remembering our Bravehearts and giving a tribute to them.

63. Seminar on Amrit Kaal Mahotsav

Date: 30th November 2023

Time: 11 am

Venue: College Auditorium

Number of participants/ attendees: Male: 19, Female: 23

Event Description

R A Podar College of Commerce & Economics (Autonomous), Matunga, Mumbai in collaboration with ICSSR (New Delhi) organized a lecture titled “ Towards Naya Bharat: Way forward to a 5 Trillion economy “ under the ICSSR lecture series of Amrit Kaal Vimarsh -Viksit Bharat @2047. The esteemed speaker for the day was Prof Manoj Kumar Tiwari, Director IIM (Mumbai).

64. Click it

Date: 1st December 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 15, Female:10

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous) organized an activity to raise awareness against HIV/AIDS volunteers pinned up a red ribbon as a symbol of support against the cause.

65. Poster Making

Date: 1st December 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 13, Female:14

Event Description

NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) organized Poster-making on the topic of HIV/AIDS at the college level to promote Awareness of people suffering from the same.

66. Slogan Making

Date: 1st December 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 5, Female:9

Event Description

NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) organized slogan-making. Volunteers prepared various slogans based on HIV Aids to remove the stigma that is created in society, which were used in the rally.

67. Human Chain

Date: 2nd December, 2023

Time: 11 am

Venue: Lata Kunj

Number of participants/ attendees: Male: 12, Female:18

Event Description

NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) created a Human chain to depict Unity and support for people suffering from HIV / AIDS.

68. Word Chain

Date: 2nd December, 2023

Time: 11.30 am

Venue: Lata Kunj

Number of participants/ attendees: Male: 12, Female:18

Event Description

NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) created a Word Chain promoting awareness and reducing stigma against HIV /Aids.

69. Tattoo Making

Date: 3rd December, 2023

Time: 10 am

Venue: Online

Number of participants/ attendees: Male: 5, Female:7

Event Description

NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) organized an activity of Tattoo Making. Volunteers made Tattoo on their Hands to promote HIV/AIDS Awareness.

70. Reel Making

Date: 3rd December, 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 7, Female:3

Event Description

NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) organized an activity of Reel Making. Volunteers made a short Reel to promote HIV/AIDS Awareness.

71. Meme Making

Date: 3rd December 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 11, Female:4

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous)organized a meme-making activity to promote HIV/Aids Awareness through Social Media Platforms among the youth.

72. Essay Writing

Date: 4th December, 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 11, Female:4

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous) organized an Essay Writing activity to promote HIV/Aids Awareness among the youth.

73. RRC QUIZ

Date: 4th December, 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 23, Female:27

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous) organized a Quiz Competition to check the accuracy of knowledge of Volunteers about HIV Aids. Volunteers actively participated in the quiz

74. Flashmob

Date: 4th December, 2023

Time: 11 am

Venue: CSMT, Dadar, Borivali station

Number of participants/ attendees: Male: 2, Female:6

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous) organized a flashmob in collaboration with MDACS. Volunteers created awareness through dance performances. the flash mob was performed at Dadar, Borivali, and CSMT Station

75. Short Film

Date: 5th December, 2023

Time: 10 am

Venue: S6

Number of participants/ attendees: Male: 6, Female:4

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous) Created a short film about symptoms, causes, Precautions, etc of Hiv/AIDS to spread awareness among the youth.

76. Seminar

Date: 11th December, 2023

Time: 11 am

Venue: Auditorium

Number of participants/ attendees: Male: 67, Female:35

Event Description

NSS Unit of R. A. Podar College of Commerce and Economics (Autonomous) organized a Seminar on HIV/Aids Awareness. The speaker of the session was Mr. Oomesh Ghuge, head of the Mumbai District Aids Control Society. Sir cleared a lot of misconceptions about the cause and raised Awareness among Youth.

77. Youth Awareness Activity

Date: 18th December, 2023

Time: 11 am

Venue: College

Number of participants/ attendees: Male: 12, Female:8

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous) organized a youth Awareness Activity where volunteers spread the knowledge they had about the disease among other youth in the College or their Locality. Volunteers actively participated in the activity.

78. Digital Poster Making Competition

Date: 19th December, 2023

Time: 11 am

Venue: Online

Number of participants/ attendees: Male: 4, Female:9

Event Description

NSS Unit of R.A.Podar College of Commerce and Economics (Autonomous) conducted a digital poster Competition. Where Volunteers made digital posters and shared them among their social media accounts to raise awareness about the same.

79. NSS Unit Meet

Date: 18th December, 2023

Time: 11 am

Venue: G4

Number of participants/ attendees: Male: 27, Female:24

Event Description

A Unit meeting was organized by the NSS Unit to guide the upcoming Residential Camp and also guide about the upcoming NSS Activities.

Rural Residential Camp (19th January 2024 to 25th January 2024)

Day 1 - 19th January, 2024

Today was the first day of our NSS Residential Camp. We reached today at the Campsite at approximately 11.30 am. After reaching everyone was given time to settle and have lunch. After lunch, the teams for the next 7 days were made under the guidance of Kapil Sir, Nikita Mam, and Akshay Tinganwar Sir. A total of 6 teams were made and in each team, there were 8 volunteers.

After a few times, Kapil sir held a team-building session outdoors. It consisted of various games that required the importance of team coordination in Volunteers.

The day ended with a delicious dinner.

Day 2 - 20th January,2024

The day began at 5 am with a few physical exercises, yoga, and meditation. Then a few minutes were given to volunteers to freshen up. Then we proceeded with an awareness rally of water conservation. Further, 2 teams went for the Menstrual Hygiene Survey in Parhadpada and Vanipada. The other 2 teams went up for wall painting in the School of Parhadpada. 1 team went for Swatchata in nearby areas. After that Self Finance Course Students of our college visited Barhanpur and our volunteers assisted them in conducting a few donations and competitions.

At noon, Mrs. Kranti Indurkar, District Level Coordinator of NSS visited our campsite.

At night, Akshay Shingare sir held a star gazing session along with a few villagers and our volunteers.

Day 3 - 21st January 2024

The day began at 5 am with exercises, Zumba, yoga, and running. Then an awareness rally on drug addiction and alcohol addiction was held. Later on, a menstrual hygiene session was held by Nikita Mam with tribal women and girls for awareness of Cloth sanitary pads. Wall painting in nearby dispensaries and schools was also done. A well and temple were also cleaned under Swachata Abhiyan. In the evening, Ram Jyot was lit up at our New Campsite and we also had our NSS Prayer at our new campsite. Later on, a personality development session was held by Nikita Mam along with other volunteers. The day ended with dinner.

Day 4 - 22nd January 2024

The day began at 5 am with running, physical exercises, yoga, and zumba. The teams were sent up for Rally. The topics of the rally today were Girl's education and superstition. Later time was given to prepare for street play. A few volunteers were sent for wall painting of the school and dispensary, while a few were preparing for Ram Bhajan Sandhya. During Ram Bhajan Sandhya our Principal mam visited us. After Ram Bhajan Sandhya in the evening, we conducted mocks of street play in front of Akshay Tinganwar sir and Nikita Mam.

Day 5 - 23rd January,2024

The day began at 5 am with running, physical exercises, yoga, and zumba. Volunteers were given time to freshen up and then prepare for street play on allocated topics. Later on, teams were divided and sent for wall painting of the school and dispensary. At 11.30 am a session on drug abuse was conducted by Mr. Milind Patil sir with our beloved volunteers. Later on after lunch, teams were divided and sent to schools in Parhadpada, Chinchpada, and Aganwadi for donations, teachings in school, and financial literacy sessions. One team was sent up to do Shramdaan in a nearby Farm. After this, teams were sent up to give invitations to see the street play performed by our volunteers to local villagers. Our students performed street play in front of local villagers on common taboos famous in Those areas.

Day 6 - 24th January,2024

The day began at 6 am and volunteers began with physical exercises, yoga, and Zumba. Today was the Day of Uttung 2.0. In Uttung 2.0 we had winter donation drives, games with children, mehendi and nail polish stalls for girls, and Flashmob and street play for villagers. Then we completed our wall painting of Aganwadi and the Dispensary wall. Later on, a Menstrual Hygiene session was conducted by Nikita Mam with our female volunteers. The day ended with a Campfire as today was the last day of our residential camp.

Day 7 - 25th January,2024

The day began at 6 am with exercises. As today was our last day, we completed all the pending tasks of ours. We submitted the posters required by Schools. We completed the wall paintings. Also, we donated cloth sanitary napkin pads to girls. After lunch, we packed everything and left on a sweet note.